



Coombabah State High School

A Community – Building Productive Partnerships & Pathways

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FROM THE PRINCIPAL

*Thought for the Week
Blessed are those who listen,
for they shall learn.*

Regards,



Chris Kern,
Principal.

SCHOOL FEES

School fees are now due and can be paid at the cashier window from 8.00am to 1.30pm daily. If you require information on outstanding fees, please contact the school Finance Officer for details.

Arrangements can also be made for a Payment Plan or Centrelink Debit.

We would like to thank those parents who have already paid.

Mr. J. Kenny,
Registrar.

Newsletter Link: Please complete and return to the box in the office.

Student's name: _____

Student's ID: _____

Parent's name: _____

Parent's email address: _____

WHAT'S ON

Friday	27/03/09	Yr 8 Immunisations Girls & Boys Stage 1
Wednesday	01/04/09	Yr 8,9,10 Debating Round 2
Thursday	02/04/09	State Swimming, Chandler Pool
Friday	03/04/09	Cross Country 12.00-3.00pm Lunchtime Dance Competition Student Centre Yrs 8-10
Monday	06/04/09	Parent / Teacher Communication Evening
Tuesday	07/04/09	School Sport Round 2 Parent / Teacher Communication Evening
Thursday	09/04/09	Last Day Term 1
Monday	20/04/09	Student Free Day
Tuesday	21/04/09	First Day Term 2

P & C NEWS

Please feel free to come along to our next meeting on Monday the 6th of April 2009 in the Administration Common Room at 7.00pm.

For any questions regarding P & C activities please call either myself or Jane Wilson (Secretary), Monday – Friday, on 5552 3888, 8.30am - 3.30pm

Cheers,

Patricia Campbell,
P & C President.



STUDENT SUPPORT HUB

Student Support Team:

*Guidance Counsellors: Glenda Musgrave; Kevin Glasheen
Industry Liaison Officer: Louise Peters
Youth Pathways Officer: Simon Reddrop
School Based Youth Health Nurse: Anne Read
Youth Support Co-ordinator: Bernard Dalton*

Cultural Education Counsellor: Hugh Roberts (5552 3824)
(Pan Pacific Island students)

INDUSTRY LIAISON.

Exciting Opportunity Year 10, 11 & 12 students.

Queensland Racing is looking for students aged 15+ with a passion for horses to undertake Certificate II in Racing (Stablehand) school-based traineeships.

An information session is being held at Gold Coast Turf Club on Thursday the 2nd of April. See Mrs Peters to register your attendance.

Please feel free to contact me with any enquiries.

Louise Peters,
Industry Liaison Officer.
Ph 5552 3815 or 0404 850 314

Importance of Breakfast.

Eating breakfast helps children refuel their energy supplies at the start of the day, and helps them get through their school day. Yet, many children come to school without breakfast.

The 1995 National Nutrition Survey carried out by the Australian Bureau of Statistics (1995) showed that:

- 7% of children aged 2 – 11 years
 - 21% of children aged 12 – 15 years
 - 32% of children aged 16 – 18 years
- have breakfast less than five times per week. So breakfast skipping seems to increase with age.

Common reasons for skipping breakfast include not being hungry or not having time. Getting up early and having breakfast at home, while sitting in a relaxed setting will be more enjoyable than gobbling something down on the way to school.

Encouraging children to have a healthy breakfast is important for many reasons.

Children who eat a healthy breakfast are more likely to:

- Have improved concentration, alertness and more energy
- Perform and learn better at problem-solving or creative tasks
- Get a range of nutrients they need for to good health, growth and development
- Maintain a healthy body weight.

Anne Read
School Based Youth Health Nurse

2009 NATIONAL ASSESSMENT PROGRAM – LITERACY AND NUMERACY (NAPLAN)

Year 9 students will sit literacy and numeracy tests on May the 12th, 13th and 14th. National tests provide information on how students are progressing and support improvements in teaching and learning.

These tests assess students in the areas of literacy (including reading, writing, spelling, punctuation, and grammar) and numeracy (number,

measurement, chance and data, space, working mathematically, algebra function and pattern). There are five different tests ranging from 40 – 65 minutes duration.

Year 9 students have recently completed the 2008 NAPLAN tests to identify their strengths and weaknesses and to develop test familiarity. All teachers of Year 9 classes will incorporate, into their lesson planning, identified focus areas to assist students in the lead up to the May testing.

Students require a calculator for one of the numeracy tests. This equipment is part of our school stationery requirements and should be available every day for use in their classes. It is important that students are familiar with the calculator they will use in the test.

Numeracy tips for parents and carers to help high school students

To support your high school student's efforts at school you can continue the lessons they learn in the classroom by helping them to develop their numeracy skills at home.

Some activities you could do include:

- asking for their help when using a map or street directory to travel to a new destination
- planning a family holiday including budget and travel times
- discussing what measurements you need for decorating or renovating a room. For example, "what measurements do we need to make when buying a desk?" and "do we need to measure or will estimating be acceptable?"
- when assembling furniture read the assembly instructions and relate them to the real object. Discuss how two-dimensional drawings are related to three-dimensional items
- draw and discuss plans related to landscaping decisions around the home
- discuss the implications of time issues related to overseas locations
- when shopping, use the catalogue specials to talk about discounts and whether it is cheaper to buy larger-sized products or a few smaller products
- use computer packages that create virtual rooms to help visualise what a room would look like, if planning renovations.



How you can help your child with writing

The best way to help your child with writing is to encourage them to use real occasions in family life to practise. This can include writing notes, messages, reminders or even helping to keep a family diary.

Here are some other ways to help your child with their writing:

- if they are unsure of how to spell certain words, encourage them to have a go. Keep a dictionary close by and start a spelling list
- read your child's writing and discuss what you like about it. This makes writing fun and encourages children to keep writing
- if possible, give examples of your own writing to your child to show how it is important in your daily life and your work
- talk to your children about the types of writing they do at school and praise their efforts as well as correcting grammar or spelling
- when reading their draft writing and commenting on what you like about it, remember not to change the writing. Leave all the creative decisions to the writer.

If you would like more information or tips about helping your child visit www.education.qld.gov.au/parents/map/ or <http://www.naplan.edu.au/parents/parents.html>

Zoe Schalch
HOD Middle Schooling



**PHOENIX
NETBALL
CLUB**

We desperately need Under
13yrs players for club
competition.



Please Phone for more
information:0401387432

RUNAWAY BAY BASKETBALL ASSOCIATION



FRIDAY NIGHT COMPETITION
SAME VENUE EACH WEEK

U13, U15, U17 & U19 AGE GROUPS

SIGN-ON FRI 24TH APRIL 5.30PM - 7.30PM

RUNAWAY BAY INDOOR SPORTS CENTRE, SPORTS
DVE

FOR MORE INFO - PHONE GREG ON 0409 769883