

Guidance Counsellors

Yr 12 Countdown Newsletter Current Issue

The Guidance Counsellors are:

Glenda Musgrave (Mon-Fri)
Kevin Glasheen (Mon-Thurs)

The Guidance Counsellor (or Guidance Officer) is a person who has qualifications and training in counselling. A student's educational progress may be affected by a number of issues which may need to be addressed to ensure they are able to work effectively towards their goals while at school. These issues can include career goals, parent-adolescent relationships, grief and loss, peer relationships as well as mental health concerns. Within the school, the counsellor works with other members of the school support team, administration and teaching staff for the benefit of the student. Guidance counsellors provide a service to individuals and groups as required.

How to make an appointment (Face to face)

Students can make an appointment at the Student Support Centre. Parents can contact Kevin by phoning 5552 3818. Mrs Musgrave can be contacted by phoning 55523423.

Students at Coombabah SHS are able to have an online appointment with the school counsellor in a secure chat room. Appointments are available between 1pm and 4pm Monday to Thursday. This means a student is able to discuss issues without physically visiting the student support centre.

1. Click on Contact Kevin or Contact Glenda on menu at right or Email for an appointment
2. The counsellor will confirm the appointment by email which will also include directions, logon and passwords.
3. The student can then access the secure Guidance Chat Room at the booked time.

If you would like to find out what services are available on the Gold Coast for young people, search the Youth Services Directory. One agency many young people on the Gold Coast may find helpful is the YHES House located in Southport.

Young people can find a number of helpful links through the Youth Info Card Project

Are you being cyber bullied? If you are being harassed by someone texting you, there are lots of things you can do to look after yourself. An Australian site which young people and parents may find useful is Cybersmart. Do you look after someone who is unwell? Some young people have parents who need to be cared for, either because of physical or mental illness. If you are one of these young people, you may feel very alone. There is support available for young carers. For young people with parents with mental illness, the COPMI website may be useful..
Click here to get....

Senior Students can also access a number of useful links through the Post School Options page.
Please note: All links on this site have been provided as a service to students and Education Queensland or Coombabah State High School are not responsible for the content of any linked websites.

Headspace is now open at 2/126 Scarborough St. Southport. Headspace provides young people with access to a range of services in a youth freindly environment. 'Youth friendly' GPs are available at Headspace. Check out the website!

How to make an online appointment ...1, 2, 3