### **HIGH PERFORMANCE SPORTS ACADEMY**

### **APPLICATION**



#### INFORMATION FOR PROSPECTIVE ATHLETES

We aspire to be recognised as one of the premier schools for talented young sportspeople. In our athlete friendly environment, students will be supported as they strive toward reaching both their academic and sporting ambitions.

#### **Aims of High Performance Sports Academy**

- Assist students to balance their sporting and academic studies in a supportive educational environment
- To promote a "high performance culture" for students focusing on sporting excellence and academic achievement
- To provide students with state of the art facilities, high performance coaching, research based training programs and structured support systems, including sports medicine, sports science, sports psychology and sport nutrition
- To provide diverse sporting and career pathways for students involved in the High Performance Sports Academy to meet their needs and develop their potential including elite sport pathways, US Colleges, Australian Tertiary options and sports industry placement
- Combining the academic hub of Coombabah State High, sporting facilities at Sports Super Centre Gold Coast, expertise of Griffith University and Runaway Bay Sport and Leadership Excellence Centre.

Support will be provided through the Athlete Development Program to assist student-athletes to balance their demanding schedules and achieve success at school as well as in their personal and sporting lives.

#### **CONDITIONS OF ENROLMENT**

By accepting the offer of a place in the High Performance Sport Academy, a student agrees to the terms and conditions specified by the 'Student Athlete Agreement'.

This will require you to:

- Work towards realising your full potential in both sport and studies
- Conduct yourself in a manner that meets with the school's expectations and rules
- Comply with all 'reasonable' training requirements as laid down by the coach(es)
- Maintain personal habits of health that will contribute to sporting excellence
- Abide by the rules and the spirit of the sport
- Demonstrate sportsmanship and fair play principles when competing
- Behave and dress in a dignified manner when representing Coombabah State high School
- Abstain from taking drugs that will modify growth, behavior or performance (knowingly or unknowingly)

#### **ANNUAL SPORTS ACADEMY FEES**

As participation in the High Performance Sports Academy is voluntary, not all costs will be covered within the Coombabah State High School fee structure. Parents will be asked to contribute an annual Sports Academy fee of \$250. This Annual Fee will contribute to some costs associated with the program and covers items such as leadership programs, excursions etc. Some excursions will incur additional costs, especially where accommodation and transport are required. Parents will be given advance notice of major excursions to assist with planning and budgeting. The Sports Academy program fee must be paid in full before a student can commence in the program.

#### **UNIFORMS**

On entry to the High Performance Sports Academy students will be required to purchase a set of Sports Academy uniform items. This comprises sports shorts, sports polo, training shirt, training singlet, sports jacket, socks. Students should ensure they have good quality sports shoes for Athlete Development Program activities and Physical Education lessons. It is expected that one set of uniform items will cost approximately \$180 (this includes optional sports jacket).

# PLEASE RETAIN THIS INFORMATION PAGE FOR YOUR REFERENCE DO NOT INCLUDE THIS PAGE WITH YOUR APPLICATION

#### **APPLICATION PROCESS**

- 1. The first step is to call the office on 07 55523888. The CSHS Sports Academy Program Director will be available to answer questions about the selection and admissions process for the High Performance Sports Academy.
- 2. Please complete the attached Sports Academy Program **Athlete Application**. This application form can also be downloaded from the Coombabah State High School website at www.coombabashs.eq.edu.au
- 3. Attach <u>photocopies</u> of **all pages of school reports** from 2020 and 2021 (both semesters) plus the <u>most recent</u> NAPLAN report. The student applicant or family should submit ALL this documentation addressed to the Program Director (see page 7 for address).
  - Please note Interim reports are not sufficient for this application process.
- 4. Remove pages 1-3 of this document (Cover and Information Pages) before submitting your application.
- 5. Ask a coach who has coached your child for some time to complete the **Confidential Reference** (page 8) and return it separately to the school.
- 6. Submit the Athlete Application by the **due date**. Refer to school website for key dates.
- 7. **Selection trials**: applicants will be required to participate in general Fitness Testing with High Performance Sports Academy team members.
- 8. The Athlete Application is thoroughly reviewed to gauge whether the student-athlete meets the dual suitability criteria for the program. A key aim is to ensure the balance between **academic achievement** and **sporting excellence** can be achieved. Academic records for the previous two years are reviewed with particular attention given to each student's achievement grades plus conduct, effort and participation comments. This is matched against the student's demonstrated achievements in sport. Please provide <u>evidence</u> of state and national level achievements.
- 9. If successful at both stages of evaluation, review of academic reports as well as Selection Trials, a **Sports Academy interview** will be organised for selected Year 7 applicants. This interview usually involves the student and parent(s), with the Sports Academy Director.

Please note: For Year 8-12 admission only, an interview will be conducted by the Program Director.

10. **IMPORTANT: Progressive and Annual Reviews**. Acceptance into GC Sports Academy at a particular Year Level does <u>not</u> lead to automatic acceptance in the following year. Student-athletes and families are required to sign Student-Athlete Agreement each year. Attendance, academic achievement and sporting progress are **regularly reviewed**. Students are required to consistently maintain high levels of academic achievement to remain in the Sports Academy program. It is understood that not all students will reach representative levels in their sport every year and is not a condition of continued enrolment in the program.

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# High Performance Sports Academy ATHLETE APPLICATION



ATHLETE NAME:		First Name					
SPORT(S)							
GENDER: MALE [ ]							
Address:							
Suburb: Athlete Mobile:							
Athlete Email:							
Mother/Guardian Name:							
Address:							
Suburb:	Pos	t Code:					
Home Phone:	Work Phone:	Mobile:					
Mother's Email:							
Father/Guardian Name:							
Address:							
Suburb:	Suburb: Post Code:						
Home Phone:	Work Phone:	Mobile:					
Father's Email:							
Emergency Contact Name							
Home Phone:	Work Phone:	Mobile:					
Preferred email for Sports Academy Messages:							
Preferred mobile for SMS messages:							
ATHLETES WITH A DISABILITY – PLEASE COMPLETE THIS SECTION ALSO							
Disability:		Classification:					
Dansianar							

### ATHLETE PROFILE

If the case of more than one sport where you are performing at a <u>very high level</u>, please photocopy pages 5 & 6 and complete for each.

NAME:							
DATE OF BIRT	Н:	/ /	YEAR L	EVEL 20			
						ATTA	СН РНОТО
SPORT:						(OI	PTIONAL)
REPRESENTAT National: deta		ls or selection	to compete <u>fo</u>	<u>r Australia</u> in I	nternational C	ompetition:	
State: details	of selection to	compete <u>for</u>	<b>Queensland</b> in	n National Char	mpionships:		
CURRENT CLU	-						
Local/Domesti	c:					_Under	
Representative	e:					Under	
				Iditional docun			etc)
CURRENT WEE	KLY TRAININ	G COMMITME	ENTS WITH CLU	JBS AND COAC	CHES (TICK WH	IERE APPLICA	BLE)
	MON	TUE	WED	THU	FRI	SAT	SUN
Before School							
After School							
CLUB/REPRES				ON:			
NAME:							
EMAIL:							
PHONE:							

PLEASE NOTE: It is preferred that applicants complete this page in their own handwriting

<b>Sporting Goals</b> Describe briefly your goals in your <b>sport</b> . Please include g	goals for the next 12 months and also longer term goals
Academic Goals (this includes subjects for improvement a	and future academic studies)
List the <b>achievements</b> that make you feel most <b>proud.</b> The or awards you have earned etc	nese may be positions of responsibilities you have held
<del></del>	
PLEASE ATTACH EXTRA PAGES IF YOU WIS	SH TO PROVIDE FURTHER INFORMATION
STUDENT/ATHLETE AND PARENT SIGNATURES	
Please ensure all details are correct to the best of your kn	nowledge and sign in the space below:
Student/Athlete's signature	Date
Parent/Guardian signature	

Current School					
Name of Current School:					
Current Year Level:					
School Reports					
Please attach photocopies of all school reports (semester reports, all pages) for past two years (2019 & 2020).					
NAPLAN: Please attach photocopy of your Year 3 NAPLAN report.					
CHECKLIST					
Please ensure that:					
<ul> <li>You have removed the first three pages of this document (cover and information pages)</li> <li>You and your parent/guardian have signed the application</li> <li>You have given your current coach the Confidential Reference (last page of application) and asked him/her to complete it and return to the school by email, fax or mail by the due date</li> <li>You have attached copies of all school reports as listed above and your Year 3 NAPLAN report.</li> </ul>					
The Program Director at Coombabah State High School is available to discuss your application and answer any					

Program Director: High Performance Sports Academy
Coombabah State High School
PO Box 146
Runaway Bay Qld 4216

questions regarding it. Completed applications should be returned to:

Tel: 07 55523888 Fax: 07 55523800 Email: admin@coombabashs.eq.edu.au

### **CONFIDENTIAL REFERENCE FROM COACH**

	Office Use Only
Name of Coach:	
Position Held:	
Contact No:	
Email:	
Present Club/Training Venue:	
Student-Athlete Name:	
Athlete Position in your team (if applicable):	
Strengths:	
Areas to develop further:	
Training Commitment:	
Coachability:	
Attitude/Sportsmanship:	
Please return to:  Coombabah State High School	
PO Box 126	
RUNAWAY BAY QLD 4216 ATTENTION: CATH ROBERTSON	
or email to: crohe61@eq.edu.au	

If returning by email: Please use Subject Line – Sports Academy Application