



METRO CANTEENS

Coombabah State High School CANTEEN MENU

The school canteen provides a service for students and staff during school hours.

Payment can be made by cash or EFTPOS.
7:30-9:00am – Breakfast
11:00am-11:35pm – Morning Tea
1:25-2.00pm – Lunch 2

Metro Canteen provides a wide range of healthy options. We cater for vegan, vegetarian, gluten free and Halal certified lunches for the students.

We understand that a healthy diet is important for growing bodies and minds. Our menus provide an emphasis on fresh and healthy food with plenty of variety. Metro Canteens always support local suppliers where we can.

VEG— Vegetarian **GF** — Gluten Free
V — Vegan **H** — Halal Certified

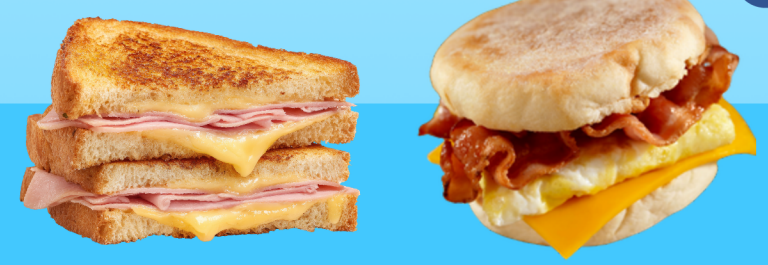


*prices effective from April 2025

BREAKFAST

Available from 7.30am

- Hashbrown \$2.00
- Ham and Cheese Pocket \$2.50
- Bacon and Egg Roll or Muffin \$5.50
- Assorted Toasted Sandwiches \$5.50
- Deluxe Breakfast Wrap \$7.00



THE BAKERY

Made fresh daily on-site (low-fat)

- Cookies \$3.00
- Muffins (GF Available) \$2.50
- Homemade Brownie (GF available) \$3.50
- Sausage Rolls (H/GF/V available) \$5.00
- Spinach & Ricotta Roll (V/H available) \$5.00

SANDWICHES & WRAPS

Available in white/wholemeal/multigrain/gluten free

- Sandwiches From \$6.00
- Wraps - Whole \$7.50



DAILY SPECIALS

MONDAY ALL \$7.50
Japanese Katsu Curry & Rice (H)

TUESDAY
Korean Beef Bulgogi with Rice & Veges (H)

WEDNESDAY
Crumbed Fish & Chips

THURSDAY
BBQ Pulled Pork and Slaw on Turkish Roll

FRIDAY
Mexican Burrito Bowl (H)



SALADS

- Garden Salad (V) \$6.50
- Crunchy Asian Chicken Noodle Salad \$8.00
- Chicken Caesar \$8.00
- Greek Salad (V) \$7.00



FRUIT & YOGHURT

- Fresh Fruit (whole) \$1.50
- Fruit Salad Bowl \$5.00
- Watermelon Cup \$2.50
- Greek Yoghurt with Berries \$3.50



BURGERS & BUNS

Gluten Free Buns available

Chicken Schnitzel burger (H)	\$6.50
Spicy chicken burger (H)	\$6.50
Cheeseburger (H)	\$6.00
Hamburger & salad (H)	\$7.00
Vegetarian Burger (VEG/H)	\$6.50
Hot Dog & Sauce (*cheese extra 50c)	\$5.00
Loaded Hot Dog - bacon, cheese & sauce	\$6.00
Sweet Chilli Tender Wrap	\$7.50



HOT FOOD

Made fresh daily on-site (low-fat)

Potato Gems or Potato Wedges (V/H)	\$4.50
Loaded Wedges - Cheese & Bacon (V/H)	\$5.50
Chicken Nuggets (GF available)	\$5.00
Traveller Pie - varieties	\$6.00
Beef Nachos	\$7.00
Vegetarian Nachos (V/H)	\$5.50
Pizza Slice (H available)	\$4.50
Garlic Bread (V)	\$4.50
Loaded Garlic Bread	\$5.50
Pasta of the Day	Sml \$4.50 Lge \$7.50
Steamed Beef Dim Sims (4)	\$4.50
Chicken Sliders (2) (H)	\$7.50



SNACK FOODS

Healthy Snack Packs	\$5.00
Jelly Cup	\$2.50
Chocolate mousse	\$3.50
Low fat Cheesecake	\$5.50
Red Rock Deli Potato Crisps	\$3.50



ICE CREAMS

Zooper Dooper	\$1.00
Frozen Fruit Cup	\$1.50
Icy Pole	\$2.50
Ice Cream Cup	\$2.00
Lifesaver	\$3.50
Mini Drumstick	\$3.00
Frosty Fruit	\$4.00
Milo Cup	\$5.50



COLD DRINKS

600ml Water	\$2.50
Up & Go	\$3.50
300ml Flavoured Milk	\$3.50
500ml Flavoured Milk	\$5.00
500ml Ice Break	\$5.50
Poppers	\$2.50
Waterfords Mineral Water	\$4.50
Lipton Ice Tea	\$5.00
Gatorade	\$5.00
Aloe Vera Juices	\$5.00
Bare	\$4.50



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